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TPAUD Youth Survey 2021

Summary Report 2007 to 2021

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## Background

This report provides a summary of the comprehensive student survey data that has been collected by TPAUD, Trumbull’s Prevention Partnership, from Trumbull public school youth in 7th through 12th grades since 2007. The surveys examine practices and attitudes related to substance use and other risky behaviors. Surveys also identify youth perceptions of school, family and community, mental health and social supports. Information gleaned from the survey data is utilized to facilitate adaptations and changes in programming when necessary. In addition, the data provides valuable information related to a summary of trends and change over time when examining short and long-term outcomes of the Drug Free Communities (DFC) program in Trumbull.

Collecting this student survey data fulfills the following objectives:

1. Describes the nature and extent of substance abuse, other risky behaviors, and current social norms among Trumbull youth in grades 7-12 in the year 2021.

2. Monitors trends in substance abuse and other risky behaviors over time through use of the 2007 baseline data.

3. Aids in future planning of services and activities for young people in Trumbull.

The information gleaned from the survey is invaluable to TPAUD’s efforts to educate the community on current trends and norms. Current data is utilized to update working action plans for reducing substance use and other associated risky behaviors among Trumbull youth and supporting families and the community at large.

## Participation (Table 1)

Table 1 summarizes the number of youth who completed the TPAUD Youth Survey from 2007 to 2021.

###### Table 1. Trumbull Youth Survey Data, 2007 to 2021

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Grade | 2007 | 2010 | 2013 | 2015 | 2017 | 2019 | 2021 |
| Number of Participants (n’s) | MS | 891 | 1011 | 919 | 892 | 977 | 916 | 837 |
| HS | 1868 | 1860 | 1802 | 1911 | 1618 | 1920 | 1944 |
| TOTAL | 2759 | 2871 | 2721 | 2803 | 2595 | 2836 | 2781 |

## Demographics (Tables 2 & 3)

48% of youth identified as female, 48% identified as male, and 5% identified as ‘other’. The majority of youth identified as White (68%) and non-Hispanic (80%). 14% of youth indicated being a member of the LGBT community and 24% identified themselves as an ‘ally’.

**Table 2. Demographics, 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Gender | MS  % | | | HS  % | | All (7-12)  % |
| Female | 46 | | | 48 | | 48 |
| Male | 49 | | | 47 | | 48 |
| Other | 4 | | | 5 | | 5 |
| Grade | | **%** | | |
| 7th | | 15 | | |
| 8th | | 16 | | |
| 9th | | 18 | | |
| 10th | | 17 | | |
| 11th | | 16 | | |
| 12th | | 18 | | |
| Race | | | **%** | |
| Asian | | | 9 | |
| Black | | | 7 | |
| Multiple | | | 8 | |
| Other | | | 9 | |
| White | | | 68 | |
| Ethnicity | | |  | |
| Hispanic | | | 20 | |

**Table 3. LGBT Community**

|  |  |
| --- | --- |
| Do you consider yourself a member of the LGBT community? HS Only | % |
| Yes | 14 |
| No | 55 |
| No, but I identify as an ally | 24 |
| I prefer not to say | 7 |

## School & Community Climate (Table 4)

The majority of high school youth are aware of the consequences they face if found using alcohol or drugs outside of school hours or off school property (92%).

Youth who feel that Trumbull adults value youth have increased from 2019 – rates are now 73% among middle schoolers and 55% among high schoolers.

Very little shift when looking at rates reported around school climate - small increases when looking at rates around youth who report that their teachers care about them and small decrease among high school youth who feel students at school care about them (from 71% in 2019 to 66% in 2021.)

###### Table 4. School Climate & Adults Valuing Youth, 2013 to 2021

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Strongly or Somewhat Agree** | **Grade** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| My teachers really care about me. | MS | 91 | 88 | 91 | 85 | 87 |
| HS | 82 | 76 | 81 | 78 | 79 |
| Students in my school care about me. | MS | 79 | 80 | 86 | 81 | 81 |
| HS | 70 | 68 | 74 | 71 | 66 |
| I am aware that there can be disciplinary consequences at school for using alcohol or drugs outside of school hours or off school property. | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | 93 | 90 | 92 | 90 | 92 |
| Adults in Trumbull value youth my age (e.g. adults listen to what we have to say, they make us feel important). | MS | \*\* | 60 | 66 | 56 | 73 |
| HS | \*\* | 43 | 53 | 49 | 55 |

## Knowledge of Social Host Law & TipsLine (Table 5)

Close to three-fourths (71%) of all high schoolers are aware of the Social Host Law.

Currently only 41% of high school youth report they are familiar with the TipsLine (which has decreased from a high of 75% in 2015) and fewer middle schoolers report being familiar with the line at 27%.

The majority of high school youth (75%) are aware of police party patrols occurring in Trumbull.

**Table 5. Enforcement & Laws, 2013 to 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Grade** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| Are you aware of the Social Host Law (a law that makes it illegal for any adult to provide a place for teens to drink alcohol)? | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | 78 | 77 | 72 | 71 |
| Have you heard about the anonymous underage drinking TipsLine in Trumbull? | MS | 47 | 46 | 44 | 38 | 27 |
| HS | 74 | 75 | 72 | 54 | 41 |
| Are you aware the Trumbull Police Department routinely patrols at school events and in neighborhoods for underage drinking and drug use? | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | 78 | 79 | 74 | 75 |

## Knowledge of Available Resources (Table 6)

In 2021, 72% of high school youth reported that they did know where to go for help if they had concerns about depression or anxiety and 72% reported they knew where to go for help if they were concerned about a family member or friend who may be struggling with substance use issues. These percentages have decreased since we began surveying on this in 2017.

**Table 6. Knowledge of Available Resources, 2017 to 2021**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **High School Only**  **Strongly and Somewhat Agree** | **Grade** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| If I had a serious concern about depression or anxiety, I know where to get help. | HS | 82 | 79 | 72 |
| If I had concern for a friend or family member around substance use, I would know where to get help. | HS | 82 | 77 | 72 |

## Self-Reported Depression (Tables 7)

In 2021, middle and high school youth were asked to self-report if they had ‘ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.’ Forty-three percent of high school youth and 32% of middle school youth reported ‘yes’ they had, in the past 12 months. Reported rates have increased from 2019.

Data from the 2019 Youth Risk Behavior Survey found 31% of Connecticut high school youth and 37% of high school youth in the United States reporting the same. Nationally, the percentage of high school students who experienced persistent feelings of sadness or hopelessness increased significantly from 2007 (28.5%) through 2017 (36.7%).

**Table 7. Sadness/Hopelessness in Past Years, 2021**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **During the past 12 months… Yes** |  | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? | MS | \*\* | 26 | 32 |
| HS | \*\* | 33 | 43 |

## Causes of Stress (Tables 8 to 9)

Trumbull youth were asked to self-report on how much stress they feel they have in their day to day lives in several areas including academics, post high school planning, their schedule, socially and their home life. By quite a large margin, academics causes both middle school (35%) and high school (49%) youth the greatest level of day-to-day stress (worry, anxiety) in their lives. Among high school students this is closely followed by college/post high school planning (38%). Reported rates of ‘extreme’ stress around academics has remained the same since 2017.

###### Table 8. Causes of Stress, Anxiety and Worry, 2021

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **How much stress, anxiety or worry do the following give you in your day to day life?** |  | **2021** | | |
| **Grades** | **Low**  **%** | **Moderate**  **%** | **Extreme**  **%** |
| Academics (Homework, Tests, Grades) | MS | 9 | 56 | 35 |
| HS | 8 | 43 | 49 |
| College/Post High School Plans | MS | \*\* | \*\* | \*\* |
| HS | 22 | 40 | 38 |
| Schedule (Athletics, Extra-curricular, Volunteer commitments) | MS | 48 | 40 | 12 |
| HS | 26 | 47 | 27 |
| Social scene /Social Media/Friends | MS | 51 | 36 | 13 |
| HS | 42 | 37 | 21 |
| Home life | MS | 60 | 29 | 12 |
| HS | 49 | 34 | 16 |

###### Table 9. Causes of Extreme Stress, Anxiety and Worry, 2015 to 2021

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **How much stress, anxiety or worry do the following give you in your day to day life?** | **Grades** |  | **Extreme** | | |
| **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| Academics (Homework, Tests, Grades) | MS | 42 | 35 | 42 | 35 |
| HS | 54 | 49 | 49 | 49 |
| College/Post High School Plans | MS | \*\* | \*\* | \*\* | \*\* |
| HS | 42 | 40 | 41 | 38 |
| Schedule (Athletics, Extra-curricular, Volunteer commitments) | MS | 19 | 14 | 12 | 11 |
| HS | 30 | 28 | 30 | 27 |
| Social scene /Social Media/Friends | MS | 16 | 14 | 15 | 13 |
| HS | 18 | 19 | 22 | 21 |
| Home life | MS | 15 | 12 | 13 | 12 |
| HS | 18 | 16 | 18 | 16 |

## Attitudes on Substance Use, Peer Use and Family Norms (Tables 10 to 13)

Students reported high levels of family monitoring, support, and rules/expectations around substance use. Most youth report that their parents monitor their whereabouts, have set clear rules and expectations around substance use, take steps to ensure that substances cannot be accessed from their home, and model responsible and appropriate behaviors when considering substance use. Reported rates have increased in all areas since 2013.

**Table 10. Family Norms Around Substance Use, 2013 to 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **My parents…**  **Always/Mostly** | Grade | 2013  % | 2015  % | 2017  % | 2019  % | 2021  % |
| know where I am and who I am with when I go out. | MS | 89 | \*\* | \*\* | \*\* | \*\* |
| HS | 86 | \*\* | \*\* | 90 | 92 |
| have set rules and clear expectations with me about drinking. | MS | 70 | 82 | 90 | 90 | 94 |
| HS | 72 | 84 | 88 | 90 | 90 |
| have set rules and clear expectations with me about marijuana/THC use. | MS | \*\* | 86 | 89 | 91 | 93 |
| HS | \*\* | \*\* | 85 | 90 | 91 |
| have set rules and clear expectations with me about vaping/JUULS. | MS | \*\* | \*\* | 87 | 92 | 93 |
| HS | \*\* | \*\* | 80 | 90 | 92 |
| take steps to ensure kids can’t get alcohol from our house. | MS | 69 | 77 | 82 | 84 | 89 |
| HS | 67 | 74 | 75 | 82 | 80 |
| take steps to ensure kids can’t get prescription drugs from our house. | MS | \*\* | 78 | 86 | 86 | 91 |
| HS | \*\* | 76 | 79 | 85 | 84 |
| model responsible drinking behaviors. | MS | 81 | \*\* | \*\* | \*\* | \*\* |
| HS | 80 | 85 | 87 | 88 | 89 |
| model appropriate use of prescription drugs. | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | \*\* | 94 | 94 | 95 |

In addition, high schoolers who reported that it was okay to drive after using marijuana has decreased from 21% in 2013 to 9% in 2021.

**Table 11. Youth Attitudes Around Substance Use, 2007 to 2021**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Strongly or Somewhat Agree** | **Grade** | **2007**  **%** | **2010**  **%** | | **2013**  **%** | | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| A party with alcohol is more fun. | MS | 29 | 29 | | 9 | | 11 | 10 | 13 | 11 |
| HS | 63 | 57 | | 37 | | 35 | 39 | 41 | 36 |
| It is OK to drive if you’ve only had a couple of drinks. | MS | 21 | 27 | | \*\* | | \*\* | \*\* | \*\* | \*\* |
| HS | 20 | 18 | | \*\* | | 9 | 6 | 9 | 7 |
| It’s OK to drink sometimes even if you are underage. | MS | 30 | 33 | | 9 | | 12 | 8 | 13 | 9 |
| HS | 65 | 62 | | 41 | | 33 | 36 | 34 | 35 |
| My parents don’t think it is a big deal to drink alcohol if you are underage. | MS | \*\* | \*\* | | \*\* | | 5 | 5 | 7 | 5 |
| HS | \*\* | \*\* | | \*\* | | 14 | 14 | 15 | 15 |
| It is OK to drive if you’ve smoked marijuana. | MS | \*\* | \*\* | | 4 | | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | \*\* | | 21 | | 18 | 15 | 15 | 9 |
| It’s not a big deal to smoke marijuana. | MS | 11 | 12 | | 7 | | 5 | 6 | 7 | 6 |
| HS | 47 | 48 | | 36 | | 33 | 34 | 33 | 33 |
| My parents don’t think it is a big deal to smoke marijuana. | MS | \*\* | | \*\* | | \*\* | 2 | 3 | 4 | 3 |
| HS | \*\* | | \*\* | | \*\* | 12 | 11 | 11 | 10 |
| It’s not a big deal to vape (use e-cigs, JUULs). | MS | \*\* | | \*\* | | \*\* | \*\* | 11 | 6 | 5 |
| HS | \*\* | | \*\* | | \*\* | \*\* | 38 | 16 | 13 |
| My parents don’t think it is a big deal to vape (use e-cigs, JUULs). | MS | \*\* | | \*\* | | \*\* | \*\* | \*\* | \*\* | 3 |
| HS | \*\* | | \*\* | | \*\* | \*\* | 12 | 6 | 4 |
| My parents monitor my social media and Internet use. | MS | \*\* | | \*\* | | \*\* | \*\* | 57 | 55 | 64 |
| HS | \*\* | | \*\* | | \*\* | \*\* | 35 | 39 | 36 |

Approximately 5% of highschoolers feel it is okay to take someone else’s prescription drugs or use them to get high. Fortunately, reported use rates remain very low, at 2% of all high school youth.

**Table 12. Youth Attitudes on Prescription Drug Abuse, 2013 to 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **How much do you agree or disagree with the following? Strongly Agree/Somewhat Agree** | **Grade** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| It’s OK to take someone else’s prescription drugs. | MS | 3 | 3 | 1 | 3 | 2 |
| HS | 11 | 7 | 4 | 4 | 4 |
| It’s OK to take prescription drugs to do better in school (homework, tests, SATs, projects). | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | 16 | 19 | 21 | 24 |
| It’s OK to take prescription drugs to cope with stress or anxiety. | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | \*\* | 41 | 45 | 46 |
| It’s OK to take prescription drugs to get high. | MS | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | \*\* | 5 | 4 | 5 | 5 |

**Table 13. Perception of Peer Use, High School Students, 2017 to 2021**

|  |  |  |  |
| --- | --- | --- | --- |
| **About how many students in your grade do you think…**  **High School Only A lot/Most** | 2017  % | 2019  % | 2021  % |
| Drink alcohol at least once a month? | 72 | 58 | 56 |
| Use marijuana, cannabis, THC oil at least once a month? | 68 | 54 | 43 |
| JUUL/vape nicotine at least once a month? | \*\* | 82 | 66 |

## Summary of Core Measures

The DFC National Evaluation Team seeks to determine how effective the DFC program has been at achieving its goals of increasing collaboration and reducing/preventing substance abuse among youth. All DFC grantees participate in the National Evaluation by reporting required data into the Drug Free Communities Monitoring and Evaluation system (DFC ME). At a minimum, all grantees must collect the same four core measures and coalitions are expected to utilize the data to assess the overall effectiveness of the DFC program on youth substance use. Core measures are:

* Past 30-day Use – the percentage of youth who report using alcohol, tobacco, marijuana or prescription drugs not prescribed to them at least once in the past 30-days.
* Perception of Risk – the percentage of youth who report that use of alcohol, tobacco, marijuana or prescription drugs not prescribed to them has moderate risk or great risk.
* Perception of Parental Disapproval – the percentage of youth who report that their parents would feel it would be wrong or very wrong to use alcohol, tobacco, marijuana or prescription drugs not prescribed to you.
* Perception of Peer Disapproval – the percentage of youth who report that their peers feel it would be wrong or very wrong to use alcohol, tobacco, marijuana and prescription drugs not prescribed to you.

A summary of core measures by grade & gender can be found in Appendix A.

### Past 30-day Use (Tables 14 to 25)

Overall, when examining 30-day use rates of alcohol there was a steady decrease in use through 2017 and rates have somewhat leveled off since then.

Use rates of nicotine (vaping), cigarettes, prescription drugs and marijuana have continued to show a steady decrease among 7th-12th graders in Trumbull since 2013 or 2015.

**Table 14. Substance Use Rates, 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | No Use  % | | Lifetime Use  % | | Past 30-day Use % | |
| MS | HS | MS | HS | MS | HS |
| Have you ever drank one or more drinks of an alcoholic beverage? | 90 | 62 | 10 | 38 | 2 | 16 |
| Have you ever drank four or more alcoholic drinks in less than 2 hours? (BINGE) | 99 | 82 | 1 | 18 | 0 | 10 |
| Have you ever smoked part or all of a cigarette? | 98 | 92 | 2 | 8 | ^ | 3 |
| Have you ever used marijuana or hashish? | 99 | 84 | 1 | 16 | ^ | 9 |
| Have you ever used prescription drugs not prescribed to you*?* | 95 | 92 | 5 | 8 | 1 | 2 |
| Have you ever JUULed or vaped nicotine? | 97 | 80 | 3 | 20 | 1 | 9 |
| Have you ever vaped marijuana or THC oil? | 99 | 84 | 1 | 16 | ^ | 8 |
| Have you ever used heroin? | \*\* | 98 | \*\* | 2 | \*\* | 1 |
| Have you ever used other illicit drugs (LSD, Molly, Cocaine)? | \*\* | 97 | \*\* | 3 | \*\* | 2 |

**Table 15. 30-Day Use Rates, 2007 to 2021**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Grade | 2007  % | 2010  % | 2013  % | 2015  % | 2017  % | 2019  % | 2021  % |
| Alcohol | 7-8 | 14 | 12 | 11 | 2 | 1 | 2 | 2 |
| 9-12 | 49 | 40 | 36 | 18 | 17 | 18 | 16 |
| Total | 37 | 30 | 28 | 13 | 11 | 13 | 11 |
| Alcohol - Binge | 7-8 | 6 | 5 | 2 | <1 | ^ | ^ | 0 |
| 9-12 | 36 | 29 | 20 | 10 | 9 | 9 | 10 |
| Total | 26 | 20 | 14 | 7 | 6 | 6 | 7 |
| Marijuana | 7-8 | \*\* | \*\* | 1 | 1 | ^ | ^ | ^ |
| 9-12 | 19 | 13 | 14 | 12 | 9 |
| Total | 13 | 9 | 9 | 8 | 6 |
| Cigarettes | 7-8 | \*\* | \*\* | \*\* | 1 | 1 | ^ | ^ |
| 9-12 | 6 | 4 | 4 | 3 |
| Total | 4 | 3 | 3 | 2 |
| Prescription Drugs | 7-8 | \*\* | \*\* | 5 | 1 | 1 | 1 | 1 |
| 9-12 | 8 | 4 | 3 | 4 | 2 |
| Total | 7 | 3 | 2 | 3 | 2 |
| Vaped nicotine | 7-8 | \*\* | \*\* | \*\* | 2 | 3 | 1 | 1 |
| 9-12 | 15 | 22 | 14 | 9 |
| Total | 11 | 15 | 8 | 7 |
| Vaped marijuana/THC | 7-8 | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* | ^ |
| 9-12 | 8 |
| Total | 6 |
| Heroin | 7-8 | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* |
| 9-12 | 1 | 1 | 3 | 1 |
| Total | \*\* | \*\* | \*\* | \*\* |
| Other illicit drugs | 7-8 | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* |
| 9-12 | 2 | 1 | 3 | 2 |
| Total | \*\* | \*\* | \*\* | \*\* |

###### 

###### Table 16. Marijuana/THC products Used, 2021

|  |  |  |
| --- | --- | --- |
| If you have ever used marijuana or THC projects, please select the ways you have most often used it.  MS=7, HS=270, TOTAL n=277 | No  % | Yes  % |
| Smoked or inhaled | 17 | 82 |
| Edibles | 36 | 63 |
| Vaped | 27 | 74 |

###### Table 17. Prescription Drug Use Rates, High School Students, 2021

|  |  |  |  |
| --- | --- | --- | --- |
| Have you ~~ever~~ used any of these drugs on your own without your own prescription or a doctor/dentist telling you to? | No  Use  % | Lifetime Use  % | Past 30-day Use  % |
| Pain relievers (OxyContin, Vicodin, OxyContin, Percocet) | 94 | 4 | 2 |
| Tranquilizers or benzodiazepines (Valium, Xanax, Ativan) | 97 | 2 | 1 |
| Stimulants (Ritalin, Adderall) | 95 | 3 | 2 |

**Table 18. Frequency of Substance Use, 2021**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| High School Only  In the past 30 days, how often have you… | Never  % | Not in past 30 days  % | 1-5 days  % | 6-20 days  % | 21+ days  % |
| drank alcoholic beverages? | 66 | 18 | 10 | 4 | 3 |
| used marijuana, cannabis, THC oil? | 82 | 8 | 5 | 3 | 2\* |
| JUULed/ vaped nicotine? | 81 | 9 | 5 | 2 | 3 |

\*n=41; of the 41 youth who reported use 21+ days in past month 36 reported most often smoking and vaping and 30 reported using edibles.

#### Summary of National, State and Local Rates (Table 19)

National and state level data from the Youth Risk Behavior Survey (YRBS), conducted by the Center for Disease Control and State health agencies, is used to compare local trends of students in grades 9 to 12 in Trumbull to those found on a national and state level. The YRBS is the largest public health surveillance system in the United States monitoring a broad range of health-risk behaviors among high school students. YRBS data is currently available from a 2019 survey of high school students across all 50 states and the District of Columbia with a student sample size of 13,677 nationally and a sample size of 2,015 in Connecticut. At this time, use rates in Trumbull are lower than state and national rates.

**Table 19. National, State and Local Past 30 Day Use Rates, 2011 to 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| High School Students | 2011  % | 2013  % | 2015  % | 2017  % | 2019  % | 2021  % |
| Alcohol | | |  |  |  |  |
| Trumbull | 40 | 36 | 18 | 17 | 18 | 16 |
| CT | 42 | 37 | 30 | 30 | 26 | \*\* |
| US | 39 | 35 | 33 | 30 | 29 | \*\* |
| Marijuana | | |  |  |  |  |
| Trumbull | \*\* | 19 | 13 | 14 | 12 | 9 |
| CT | 24 | 26 | 20 | 20 | 22 | \*\* |
| US | 23 | 23 | 22 | 20 | 22 | \*\* |
| Cigarettes | | |  |  |  |  |
| Trumbull | \*\* | \*\* | 6 | 4 | 4 | 3 |
| CT | 16 | 14 | 10 | 8 | 4 | \*\* |
| US | 18 | 16 | 11 | 9 | 6 | \*\* |
| Vaping nicotine | | |  |  |  |  |
| Trumbull | \*\* | \*\* | 15 | 22 | 14 | 9 |
| CT | \*\* | \*\* | \*\* | \*\* | 27 | \*\* |
| US | \*\* | \*\* | 24 | 13 | 33 | \*\* |
| Prescription pain medicine without a Dr’s RX or different than prescribed | | |  |  |  |  |
| Trumbull | \*\* | \*\* | \*\* | \*\* | 4 | 2 |
| CT | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* |
| US | \*\* | \*\* | \*\* | \*\* | 7 | \*\* |

#### Past 30-Day Use by Grade, Gender, LGBT, and Race (Tables 20, 21)

Overall, rates of use increase as students rise from 7th to 12th grade. In 2021, grade-specific use rates of alcohol range from a low of less than 2% among 7th graders to a high of 26% among 12th grade students. A similar range is found with marijuana use – a low of less than 1% among 7th grade students to a high of 16% among seniors.

When comparing rates by gender the data does not show any significant differences in use among males and females but youth who identified as ‘other’ have reported significantly higher use rates when compared to female and male youth.

Youth who reported being a member of the LGBT community have significantly higher use rates than those who did not identify as LGBT.

Youth who identify has white report significantly higher alcohol use rates compared to Black, Asian, and ‘other’ youth.

**Table 20. 30-Day Use Rates by Gender and LGBT Identity, 2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 30-day use rates | All  (n=1927)  % | Male  (n=886)  % | Female  (n=889)  % | Other  (n=91)  % | LGBT  (n=263)  % | Not LGBT  (n=1013) |
| Alcohol | 16 | 14 | 16 | 26A | 21B | 14 |
| Marijuana | 9 | 8 | 7 | 24 A | 14B | 6 |
| Vaping nicotine | 9 | 7 | 10 | 20 A | 16B | 7 |

A Significantly higher than Male and Female (95% confidence level (p=.05)

B Significantly higher than Not LGBT (95% confidence level (p=.05)

**Table 21. 30-Day Use Rates by Race, 2021**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 30-day use rates | All  (n=1927)  % | White  (n=1225)  % | Black  (n=111)  % | Asian  (n=166)  % | Multi  (n=149)  % | Other  (n=155)  % | Hispanic  (n=313)  % |
| Alcohol | 16 | 18A | 10 | 8 | 17B | 10 | 16 |
| Marijuana | 9 | 9B | 6 | 4 | 10B | 7 | 10 |
| Vaping nicotine | 9 | 9 | 12 | 6 | 10 | 9 | 12 |

A Significantly higher than Black, Asian, Other (95% confidence level (p=.05)

B Significantly higher than Asian (95% confidence level (p=.05)

##### Past 30-Day Use by Family Management, Protective Factors and Student Attitudes on Substance Use (Tables 22 to 24)

Additional variables were examined to determine the influence norms and attitudes can have on substance use. Overall, we find that youth who report having strong family norms around substance use are less likely to use substances than their peers who do not.

**Table 22. 30 Day Use Rates by Family Management, 2021**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **30-day use rates** | **All HS Students**  **(n=1927)**  **%** | **Parents set clear rules & consequences about …alcohol use (n=1363)**  **…marijuana use (n=1460)**  **…vaping (n=1524)**  **ALWAYS**  **%** | **Parents know where I am/who with-**  **ALWAYS**  **(n=1201)**  **%** | **Parents model responsible drinking behaviors -**  **ALWAYS**  **(n=1362)**  **%** |
| Alcohol | 16 | 10 A | 9A | 12 A |
| Marijuana | 9 | 5 A | 5 A | 6 A |
| Vaping | 9 | 6 A | 5 A | 6 A |

A Significantly **lower** than Rarely, Sometimes, Mostly

###### Table 23. 30-Day Use Rates by Protective Factors, 2021

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 30-day use rates | All HS Students  (n=1927)  % | Adults value youth  (n=1052)  STRONGLY AGREE  % | Teachers at THS care about me  (n=1520)  STRONGLY AGREE  % | My parents don’t think a big deal to drink alcohol if you are underage (n=287)  STRONGLY AGREE  % | My parents don’t think a big deal to smoke marijuana (n=195)  STRONGLY AGREE  % |
| Alcohol | 16 | 8B | 8 A | 52 A | 49 A |
| Marijuana | 9 | 2 A | 4 A | 44 A | 43 A |
| Vaping | 9 | 2 A | 3 A | 40 A | 39 A |

A Significantly **lower** than Strongly Disagree, Somewhat Disagree, Somewhat Agree

B Significantly **lower** than Strongly Disagree, Somewhat Disagree

###### Table 24. 30-Day Use Rates by Student Attitudes on Substance Use, 2021

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 30-day use  rates | All HS Students  (n=1927)  % | Sad/Depressed  (past year)  (n=823)  YES  % | Gambled  (past year)  (n=383)  YES  % | Drove after using marijuana (past year)  (n=99)  YES  % |
| Alcohol | 16 | 21 A | 28 A | 66 A |
| Marijuana | 9 | 12 A | 16 A | 78 A |
| Vaping | 9 | 15 A | 16 A | 57 A |

A Significantly **higher** than No

#### Past 30-Day Use by Other Recent Substance Use Rates (Table 25)

Youth who reported past 30-day use of alcohol are much more likely to also use marijuana, prescription drugs, tobacco and vapes (nicotine and marijuana). (Referred to as Poly drug use.)

**Table 25. 30 Day Use Rates and Other Substance Use, 2021**

|  |  |  |
| --- | --- | --- |
|  | All  (n=1927)  % | Past 30-day use of alcohol  (n=301)  % |
| Marijuana | 9 | 42 |
| Tobacco | 3 | 17 |
| Rx drugs | 2 | 10 |
| Binge drinking | 10 | 62 |
| Vaped nicotine | 9 | 45 |
| Vaped marijuana/THC | 8 | 42 |

### Perception of Risk (Tables 26 & 27)

Reported rates of perception of risk of substances continue to increase among Trumbull youth. Fortunately, where rates are lowest around marijuana and vaping use, there was an increase among high school youth from 2019 to 2021.

\*Baseline year for Cigarettes and Vaping is 2015; RX drugs, Marijuana and Alcohol is 2013

###### Table 26. Perceived Risk of Substance Use, 2010 to 2021

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| How much do you think people risk harming themselves physically or in other ways… Moderate or great risk | | Grade | 2010  % | | 2013  % | | 2015  % | | 2017  % | | 2019  % | 2021  % |
| Alcohol | | | | | | | | | | |  |  |
| if they have five or more drinks of an alcoholic beverage once or twice a week? | MS | | | 95 | | 83 | | 83 | | 94 | 91 | 90 |
| HS | | | 86 | | 77 | | 81 | | 85 | 85 | 87 |
| Total | | |  | |  | |  | |  | 87 | 88 |
| Marijuana | | | | | | | | | | |  |  |
| if they smoke marijuana once or twice a week? | MS | | | \*\* | | 81 | | 91 | | 90 | 86 | 86 |
| HS | | | 56 | | 62 | | 59 | 59 | 65 |
| Total | | |  | |  | |  | 68 | 71 |
| Cigarettes | | | | | | | | | | |  |  |
| if they smoke one or more packs of cigarettes per day? | MS | | | \*\* | | \*\* | | 96 | | 98 | 97 | 96 |
| HS | | | 93 | | 94 | 93 | 94 |
| Total | | |  | |  | 94 | 94 |
| Prescription Drugs | | | | | | | | | | |  |  |
| if they use prescription drugs that are not prescribed them? | MS | | | \*\* | | 80 | | 93 | | 96 | 95 | 94 |
| HS | | | 83 | | 89 | | 93 | 92 | 93 |
| Total | | |  | |  | |  | 93 | 93 |
| Vapes | | | | | | | | | | |  |  |
| if they vape (use e-cigs or JUULs)? | MS | | | \*\* | | \*\* | | 71 | | 79 | 90 | 87 |
| HS | | | 55 | | 51 | 76 | 79 |
| Total | | |  | |  |  | 82 |

As grade level increases perception of harm rates decrease – this decrease is especially notable when looking at alcohol and marijuana use.

**Table 27. Perceived Risk of Substance Use, by Grade, 2021**

|  |  |  |
| --- | --- | --- |
|  | 7th grade  % | 12th grade  % |
| Alcohol use | 91 | 53 |
| Marijuana use | 88 | 46 |
| Cigarettes use | 96 | 92 |
| Prescription drug use | 95 | 92 |
| Vape | 90 | 76 |

### Perception of Parental Disapproval (Tables 28 & 29)

When examining student data on perceived parental disapproval of substance use the outcomes are positive as there are a high number of youth reporting parental disapproval. These rates have remained high since 2017.

**Table 28. Perception of Parental Disapproval, 2010 to 2021**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **How wrong do your parents feel it would be for you to…**  Wrong or Very Wrong | **Grade** | **2010**  **%** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| Alcohol | | | | | |  |  |
| have one or two drinks of an alcoholic beverage nearly every day? | MS | 77 | 94 | 96 | 97 | 97 | 97 |
| HS | 62 | 77 | 93 | 95 | 94 | 95 |
| Total |  |  |  |  | 95 | 95 |
| Alcohol- Binge drinking | | | | | |  |  |
| have four or more drinks of an alcoholic beverage at one time? | MS | \*\* | 98 | 98 | 98 | 98 | 98 |
| HS | 89 | 94 | 94 | 93 | 91 |
| Total |  |  |  |  | 93 |
| Marijuana | | | | | |  |  |
| smoke marijuana? | MS | \*\* | 97 | 98 | 98 | 97 | 97 |
| HS | 87 | 89 | 88 | 90 | 91 |
| Total |  |  |  | 92 | 93 |
| Cigarettes | | | | | |  |  |
| smoke tobacco? | MS | \*\* | \*\* | 97 | 99 | 98 | 98 |
| HS | 94 | 95 | 95 | 95 |
| Total |  |  | 96 | 96 |
| Prescription drugs | | | | | |  |  |
| use prescription drugs not prescribed to you? | MS | \*\* | 97 | 96 | 99 | 98 | 97 |
| HS | 90 | 94 | 96 | 95 | 95 |
| Total |  |  |  | 96 | 96 |
| Electronic cigarettes | | | | | |  |  |
| vape? (use e-cigs, JUULs, etc.) | MS | \*\* | \*\* | \*\* | 95 | 97 | 97 |
| HS | 85 | 93 | 95 |
| Total |  |  | 95 |

A young person’s perception of their parent’s disapproval is associated with a young person’s choice to use substances. If teens perceive their parents believe it is wrong for them to drink or use substances, when faced with the opportunity, they are less likely to do so. When looking at youth who feel their parents disapprove of use overall 30-day use rates are much lower (2.5 times lower for alcohol and almost 8 times lower for marijuana) compared to students who believe their parents don’t really think drinking or smoking marijuana is wrong (or only a little bit wrong.)

**Table 29. Perception of Parental Disapproval by 30 Day Use Rates, High School Students, 2021**

|  |  |  |
| --- | --- | --- |
| Perception of Parent Disapproval of… | Disapproval  (n=1823)  % | Little to No Disapproval  (n=99)  % |
| Alcohol Use | 14 | 38 |
|  | Disapproval  (n=1731) | Little to No Disapproval  (n=174) |
| Marijuana Use | 5 | 39 |

### Perception of Peer Disapproval (Table 30)

When examining youth data from 2019 to 2021 on perceived peer disapproval of substance use reported rates have remained somewhat steady, although notable are the increases reported among high schoolers around marijuana and vaping use.

**Table 30. Perception of Peer Disapproval, 2010 to 2021**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **How wrong do your friends feel it would be for you to…**  Wrong or Very Wrong | **Grade** | **2010**  **%** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| Alcohol | | | | | |  |  |
| have one or two drinks of an alcoholic beverage nearly every day? | MS | 60 | 83 | 88 | 91 | 91 | 90 |
| HS | 11 | 39 | 71 | 67 | 73 | 76 |
| Total |  |  |  |  | 79 | 80 |
| Alcohol- Binge drinking | | | | | |  |  |
| have four or more drinks of an alcoholic beverage at one time? | MS | \*\* | \*\* | 94 | 95 | 95 | 93 |
| HS | 72 | 67 | 67 | 70 |
| Total |  |  |  | 77 |
| Marijuana | | | | | |  |  |
| smoke marijuana? | MS | 83 | 92 | 93 | 93 | 94 | 93 |
| HS | 20 | 53 | 60 | 54 | 59 | 64 |
| Total |  |  |  |  | 70 | 73 |
| Cigarettes | | | | | |  |  |
| smoke tobacco? | MS | \*\* | \*\* | 94 | 96 | 95 | 93 |
| HS | 76 | 73 | 77 | 79 |
| Total |  |  | 83 | 83 |
| Prescription drugs | | | | | |  |  |
| use prescription drugs not prescribed to you? | MS | \*\* | 91 | 93 | 95 | 96 | 92 |
| HS | 74 | 85 | 84 | 84 | 87 |
| Total |  |  |  | 88 | 88 |
| Electronic cigarettes | | | | | |  |  |
| vape? (use e-cigs, JUULs, etc.) | MS | \*\* | \*\* | \*\* | 82 | 90 | 90 |
| HS | 42 | 55 | 63 |
| Total |  |  | 71 |

## Other Risky Behaviors (Table 31)

Driving and substance use rates are highest among seniors. 14% of 12th graders reported driving a car after using marijuana and 23% have ridden in a car with a driver under the influence in the past year.

Reported rates of gambling range from 18% to 22%, with 20% of all high school youth reporting gambling in the past year.

**Table 31. Other Risky Behaviors by Grade, 2021**

|  |  |
| --- | --- |
| In the past year, have you?  High School Only | Yes  % |
| Driven a car after you had been drinking? |  |
| 9th | 1 |
| 10th | 1 |
| 11th | 2 |
| 12th | 7A |
| ALL | 3 |
| Driven a car after you had used marijuana/THC? |  |
| 9th | 1 |
| 10th | 1 |
| 11th | 4 |
| 12th | 14 A |
| ALL | 5 |
| Ridden as a passenger with a driver under the influence of drugs or alcohol? |  |
| 9th | 13 |
| 10th | 15 |
| 11th | 16 |
| 12th | 23 A |
| ALL | 17 |
| Gambled (scratch tickets, online, sports, casino, etc.)? |  |
| 9th | 20 |
| 10th | 20 |
| 11th | 18 |
| 12th | 22 |
| ALL | 20 |

A Significantly higher than grades 9, 10, 11 (95% confidence level (p=.05)

## Access to Substances & Location of Use (Table 32)

High school youth report easiest access to alcohol (63%) and vapes (46%) followed by prescription drugs (37%) marijuana (34%). Middle schoolers report lower rates when asked about ease of access to substances although 36% of youth felt that it would be easy to access alcohol if they wanted it and 29% reported ease of access to prescription drugs.

**Table 32. Access to Substances, 2007 to 2021**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **How easy or hard would it be for you to get the following substances if you wanted them? Very easy/Sort of easy** | **Grades** | **2007**  **%** | **2010**  **%** | **2013**  **%** | **2015**  **%** | **2017**  **%** | **2019**  **%** | **2021**  **%** |
| Alcohol (beer, wine, hard liquor) | MS | 28 | 52 | 29 | 44 | 40 | 40 | 36 |
| HS | 58 | 76 | 59 | 74 | 75 | 67 | 63 |
| Marijuana/THC | MS | \*\* | \*\* | 9 | 9 | 9 | 8 | 5 |
| HS | 46 | 48 | 51 | 42 | 34 |
| Prescription drugs (not prescribed to you) | MS | \*\* | \*\* | 22 | 35 | 30 | 32 | 29 |
| HS | 33 | 51 | 46 | 41 | 37 |
| Vapes, e-cigs, JUULs | MS | \*\* | \*\* | \*\* | 20 | 24 | 20 | 13 |
| HS | 58 | 74 | 60 | 46 |
| Heroin | MS | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | 12 | 8 | 7 | 5 |
| Drug paraphernalia (pipes, bongs, rolling papers, vapor liquid or e-juice) | MS | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* | \*\* |
| HS | 50 | 53 | 38 | 28 |

### Access to Alcohol (Tables 33 & 34)

High school youth who drink are most often getting alcohol from a home (60% from their own and 57% from a friend’s). A sizable percentage of high school youth also report getting alcohol from an older sibling or friend (45%) or that a parent provided it (41%). 22% reported that they bought the alcohol themselves. Since 2010, the percentage of students who report getting access to alcohol from a home has steadily increased and, since 2015 the percent of youth who report that a parent provided it has steadily increased.

\*Baseline year is 2015

**Table 33. Where Youth Get Alcohol, 2010 to 2019**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| If you have ever drank alcohol (more than a sip), where did you get it? | Grades | 2010  % | 2013  % | 2015  % | 2017  % | 2019  % |
| I got it from my home. | MS | 63 | 58 | 25 | 61 | 62 |
| HS | 39 | 42 | 50 | 57 | 61 |
| I got it from a friend’s home. | MS | 27 | 21 | 8 | 33 | 22 |
| HS | 52 | 48 | 54 | 61 | 63 |
| A parent provided it. | MS | \*\* | \*\* | 14 | 48 | 57 |
| HS | 27 | 34 | 42 |
| An older sibling or friend bought it for me. | MS | 20 | 9 | 4 | 12 | 17 |
| HS | 49 | 36 | 39 | 49 | 51 |
| I bought it myself. | MS | 3 | 7 | \*\* | \*\* | \*\* |
| HS | 11 | 17 | 22 | 25 | 24 |

**Table 33a. Where Youth Get Alcohol, 2021**

|  |  |
| --- | --- |
| If you have ever drank alcohol (more than a sip), where did you get it?  (MS=62, HS=651, TOTAL n=713) | 2021  % |
| I got it from my home. | 60 |
| I got it from a friend’s home. | 57 |
| A parent provided it. | 41 |
| An older sibling or friend bought it for me. | 45 |
| I bought it myself. | 22 |

Youth were asked to report on where they drank alcohol with the highest percent reporting ‘at my home’ (73%) or a friend’s home (72%). 63% of youth also reported that they drank at home with parent knowledge.

\*Baseline year is 2015

###### Table 34. Where Youth Drink, 2007 to 2019

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| If you have ever drank alcohol (more than a sip), where did you drink? | Grades | 2007  % | 2010  % | 2013  % | 2015  % | 2017  % | 2019  % |
| at my home | MS | 64 | 60 | 46 | \*\* | 79 | 69 |
| HS | 47 | 44 | 44 | 70 | 72 |
| at a friend’s home | MS | 48 | 33 | 18 | \*\* | 38 | 21 |
| HS | 80 | 72 | 56 | 73 | 71 |
| at a home with a parent’s knowledge | MS | \*\* | \*\* | \*\*\* | 23 | \*\* | \*\* |
| HS | 63 | 49 | 54 |
| in a public place (park, beach, woods, etc.) | MS | 10 | 25 | 23 | 8 | 27 | 24 |
| HS | 33 | 29 | 26 | 33 | 40 | 35 |

###### Table 34a. Where Youth Drink, 2021

|  |  |
| --- | --- |
| If you have ever drank alcohol (more than a sip), where did you drink?  (MS=66, HS=667, TOTAL n=733) | 2021  % |
| at my home | 73 |
| at a friend’s home | 72 |
| at a home with a parent’s knowledge | 63 |
| in a public place (park, beach, woods, etc.) | 48 |

### Access to Vapes (Table 35)

Most of the youth who report ever vaping indicated that someone gave it to them (74%) or bought it for them (52%). 39% of youth report that they bought it themselves at a store. Only 8% report that a parent provided it.

###### Table 35. Where Youth Get Vaping Devices, 2017 to 2019

|  |  |  |  |
| --- | --- | --- | --- |
| If you have ever used a vaping device (e-cig, JUUL), where did you get it? | Grades | 2017  % | 2019  % |
| I bought it at a store. | MS | 7 | 6 |
| HS | 35 | 39 |
| A parent provided it. | MS | 6 | 12 |
| HS | 7 | 13 |
| Someone bought it for me. | MS | 39 | 40 |
| HS | 55 | 54 |
| Someone gave it to me. | MS | 77 | 91 |
| HS | 83 | 85 |

###### Table 35a. Where Youth Get Vaping Devices, 2021

|  |  |
| --- | --- |
| If you have ever used a vaping device (e-cig, JUUL), where did you get it?  (MS=19, HS=351, TOTAL n=370) | 2021  % |
| I bought it at a store. | 39 |
| A parent provided it. | 8 |
| Someone bought it for me. | 52 |
| Someone gave it to me. | 74 |

### Access to Prescription Drugs (Table 36)

High school youth who reported prescription drug use in their lifetime were asked to indicate where they got the medication(s). The largest response rate was among those who reported that it was a family member’s prescription that they took with permission (55%), followed by those who took their own prescription (took more than what was prescribed (42%).

###### Table 36. Where Youth Get Access to Prescription Drugs, 2017 to 2021

|  |  |  |  |
| --- | --- | --- | --- |
| If you have ever used a prescription drug, without your own prescription or a doctor or dentist telling you to, where did you get it?  (HS Only, Total n=129) | 2017  % | 2019  % | 2021  % |
| It was my own prescription (I took more than I was supposed to). | 39 | 40 | 42 |
| It was a family member’s prescription that I took (WITH permission). | 46 | 44 | 55 |
| It was a family member’s prescription that I took (WITHOUT permission). | 26 | 26 | 27 |
| A friend gave it to me. | 32 | 36 | 23 |
| Someone sold it to me. | 24 | 24 | 15 |

## Disaggregated Data

The following tables include disaggregated data by demographics including gender, grade, ethnicity, race, and LGBT status.

### Sadness or Hopeless (Table 37 & 38)

* Youth who identified their gender as Female or Other report significantly higher rates of depression than males.
* 12th graders report significantly higher rates of depression than all other grades.
* There were no significant differences when examining race and ethnicity.
* Youth who identified as LGBT, an ally, or preferred not to identify report significantly higher rates of depression than those who did not identify as LGBT.

**Table 37. Reported Sadness or Hopelessness in Past Year**

|  |  |
| --- | --- |
| During the past 12 months did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities? | Yes  % |
| GENDER |  |
| FemaleA | 53 |
| Male | 29 |
| OtherB | 73 |
| GRADE |  |
| 9 | 38 |
| 10 | 44 |
| 11 | 42 |
| 12C | 49 |
| ETHNICITY |  |
| Non-Hispanic | 43 |
| Hispanic | 47 |
| RACE |  |
| Asian | 42 |
| Black | 46 |
| Multiple | 43 |
| Other | 46 |
| White | 45 |
| LGBT STATUS |  |
| LGBT– YesD | 73 |
| LGBT – No | 31 |
| AllyE | 51 |
| Prefer not to sayE | 49 |

A Significantly higher than male (95% confidence level (p=.05)

B Significantly higher than male and female

C Significantly higher than 9th and 11th graders

D Significantly higher than LGBT-No, Ally, Prefer not to say

E Significantly higher than LGBT-No

* Youth who identified as sad/hopeless in the past year report
  + Lower rates of feeling cared by teachers and students at school
  + Knowing where to get help with depression, anxiety or substance misuse
  + Substance use (recent use)
  + Driving while using alcohol and marijuana
  + And riding as a passenger with someone who is under the influence of drugs or alcohol

**Table 38. Reported Sadness or Hopelessness in Past Year**

|  |  |  |
| --- | --- | --- |
| During the past 12 months did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities? | No  %  (n=1093) | Yes  %  (n=831) |
| My teachers really care about me. |  |  |
| Strongly Agree | 24 | 11A |
| Students in my school care about me |  |  |
| Strongly Agree | 19 | 7 A |
| If I had a concern about depression or anxiety, I know where to get help |  |  |
| Strongly Agree | 38 | 21 A |
| If I had a concern for a friend or family member around substance use, I would know here to get help. |  |  |
| Strongly Agree | 39 | 22 A |
| Past 30-day use of |  |  |
| YES - Alcohol | 12 | 21B |
| YES - Alcohol – binge drinking | 7 | 13 B |
| YES - Marijuana | 6 | 12 B |
| YES - Nicotine (vaped) | 5 | 15 B |
| YES - Prescription drugs (not prescribed to you) | 1 | 4 B |
| YES - Illicit drugs (e.g. LSD, Molly, Concaine) | 1 | 3 B |
| In the past year, have you… |  |  |
| YES - Driven a car after you had been drinking? | 2 | 4 B |
| YES - Driven a car after you had used marijuana/THC? | 4 | 7 B |
| YES - Ridden as a passenger with a driver under the influence of drugs or alcohol? | 11 | 25 B |

A Significantly lower than youth who **do not** report sadness/hopelessness (95% confidence level (p=.05)

B Significantly higher than youth who **do not** report sadness/hopelessness (95% confidence level (p=.05)

### Adults Valuing Youth (Table 39)

* Youth who identified gender as Other report much lower rates of ‘adults valuing youth’ in Trumbull.
* Reported rates decrease as youth move from 9th to 12th grade.
* No considerable differences in reported rates of ‘adults valuing youth’ when examining race and ethnicity.
* Youth who identified as LGBT report much lower rates than those who did not.
* Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 39. Adults value youth**

|  |  |
| --- | --- |
| Adults in Trumbull value youth my age | Somewhat Agree + Strongly Agree  % |
| GENDER |  |
| Female | 51 |
| Male | 62 |
| Other | 34 |
| GRADE |  |
| 9 | 65 |
| 10 | 60 |
| 11 | 51 |
| 12C | 43 |
| ETHNICITY |  |
| Non-Hispanic | 55 |
| Hispanic | 54 |
| RACE |  |
| Asian | 58 |
| Black | 57 |
| Multiple | 52 |
| Other | 58 |
| White | 55 |
| LGBT STATUS |  |
| LGBT– Yes | 33 |
| LGBT – No | 65 |
| Sadness/Hopeless (Past Year) |  |
| Yes | 42A |
| No | 65 |

A Significantly lower than LGBT-No

### Caring Teachers (Table 40)

* Youth who identified gender as Other report slightly lower rates of teachers caring about them.
* No considerable differences in reported rates of ‘teachers caring’ when examining grade level.
* Youth who identify as Hispanic reported lower rates of teachers caring about them.
* Youth who identified race as Multiple and Other report lower rates of teachers caring about them.
* Youth who identified as LGBT report much slightly rates than those who did not identify as LGBT.
* Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 40. Teachers care**

|  |  |
| --- | --- |
| My teachers really care about me | Somewhat Agree + Strongly Agree  % |
| GENDER |  |
| Female | 79 |
| Male | 81 |
| Other | 66 |
| GRADE |  |
| 9 | 80 |
| 10 | 82 |
| 11 | 76 |
| 12C | 77 |
| ETHNICITY |  |
| Non-Hispanic | 81 |
| Hispanic | 74 |
| RACE |  |
| Asian | 86 |
| Black | 83 |
| Multiple | 74 |
| Other | 72 |
| White | 79 |
| LGBT STATUS |  |
| LGBT– Yes | 72 |
| LGBT – No | 80 |
| Sadness/Hopeless (Past Year) |  |
| Yes | 72 |
| No | 84 |

### Caring Students (Table 41)

* Youth who identified gender as Other report lower rates of ‘students in my school care about me.’
* Reported rates decrease as youth move from 9th to 12th grade.
* Youth who identify as Hispanic reported slightly lower rates.
* Youth who identified race as Black and Multiple report lower rates of students caring.
* Youth who identified as LGBT report much slightly rates than those who did not identify as LGBT.
* Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 41. Students in my school care**

|  |  |
| --- | --- |
| Students in my school care about me | Somewhat Agree + Strongly Agree  % |
| GENDER |  |
| Female | 63 |
| Male | 73 |
| Other | 51 |
| GRADE |  |
| 9 | 74 |
| 10 | 67 |
| 11 | 65 |
| 12C | 60 |
| ETHNICITY |  |
| Non-Hispanic | 68 |
| Hispanic | 64 |
| RACE |  |
| Asian | 69 |
| Black | 56 |
| Multiple | 62 |
| Other | 71 |
| White | 68 |
| LGBT STATUS |  |
| LGBT– Yes | 49 |
| LGBT – No | 73 |
| Sadness/Hopeless (Past Year) |  |
| Yes | 53A |
| No | 77 |

A Significantly lower than LGBT-No

### Knowledge of Available Mental Health Supports (Table 42)

* Youth who identified gender as Other report lower rates knowledge of where to get help around depression or anxiety.
* Reported rates decrease as youth move from 9th to 12th grade.
* Youth who identify as Hispanic reported lower rates.
* Youth who identified race as Asian and Other report lower rates.
* Youth who identified as LGBT report significantly lower rates than those who did not identify as LGBT.
* Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 42. Know Where to Get Help if Concern about Depression or Anxiety**

|  |  |
| --- | --- |
| If I had a concern about depression or anxiety I know where to get help. | Somewhat Agree + Strongly Agree  % |
| GENDER |  |
| Female | 71 |
| Male | 75 |
| Other | 55 |
| GRADE |  |
| 9 | 76 |
| 10 | 73 |
| 11 | 71 |
| 12C | 69 |
| ETHNICITY |  |
| Non-Hispanic | 74 |
| Hispanic | 66 |
| RACE |  |
| Asian | 66 |
| Black | 69 |
| Multiple | 71 |
| Other | 65 |
| White | 74 |
| LGBT STATUS |  |
| LGBT– Yes | 56A |
| LGBT – No | 77 |
| Sadness/Hopeless (Past Year) |  |
| Yes | 60 |
| No | 81 |

### Knowledge of Available Substance Use Related Supports (Table 43)

* Youth who identified gender as Other report lower rates of knowing where to get help if they had a concern for a friend or family member around substance use.
* Reported rates decrease as youth move from 9th to 12th grade.
* Youth who identify as Hispanic reported slightly lower rates.
* Youth who identified race as Asian and Multiple report lower rates.
* Youth who identified as LGBT report significantly lower rates than those who did not identify as LGBT.
* Youth who identified as sad or depressed in the past year report lower rates than their peers who did not.

**Table 43. Know Where to Get Help if Concern for a Friend or Family Member around Substance Use**

|  |  |
| --- | --- |
| If I had a concern for a friend or family member around substance use, I would know where to go to get help. | Somewhat Agree + Strongly Agree  % |
| GENDER |  |
| Female | 69 |
| Male | 76 |
| Other | 63 |
| GRADE |  |
| 9 | 77 |
| 10 | 74 |
| 11 | 73 |
| 12C | 65 |
| ETHNICITY |  |
| Non-Hispanic | 73 |
| Hispanic | 70 |
| RACE |  |
| Asian | 65 |
| Black | 71 |
| Multiple | 65 |
| Other | 69 |
| White | 74 |
| LGBT STATUS |  |
| LGBT– Yes | 59 |
| LGBT – No | 78 |
| Sadness/Hopeless (Past Year) |  |
| Yes | 63 |
| No | 78 |

## Appendix A

### Summary of Core Measures, 2021

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Alcohol  % | Tobacco  % | Marijuana  % | RX drugs  % | Vape  % |
| 30-day use | | | | |  |
| 7th | 2 | 0 | ^ | 1 | 1 |
| 8th | 2 | ^ | ^ | 1 | 1 |
| 9th | 5 | 2 | 1 | 2 | 3 |
| 10th | 14 | 3 | 7 | 2 | 11 |
| 11th | 18 | 3 | 10 | 2 | 8 |
| 12th | 26 | 5 | 16 | 3 | 13 |
| Total | **11** | **2** | **6** | **2** | **7** |
| Perception of harm | | | | |  |
| 7th | 91 | 96 | 88 | 95 | 90 |
| 8th | 89 | 95 | 83 | 92 | 84 |
| 9th | 91 | 94 | 82 | 94 | 83 |
| 10th | 88 | 94 | 68 | 92 | 80 |
| 11th | 86 | 95 | 62 | 95 | 80 |
| 12th | 53 | 92 | 46 | 92 | 76 |
| Total | **88** | **94** | **71** | **93** | **82** |
| Perception of parental disapproval | | | | |  |
| 7th | 96 | 98 | 97 | 97 | 97 |
| 8th | 97 | 98 | 98 | 96 | 97 |
| 9th | 96 | 96 | 95 | 96 | 96 |
| 10th | 96 | 97 | 94 | 97 | 97 |
| 11th | 95 | 96 | 91 | 96 | 95 |
| 12th | 93 | 92 | 83 | 94 | 91 |
| Total | **95** | **96** | **93** | **96** | **95** |
| Perception of peer disapproval | | | | |  |
| 7th | 91 | 92 | 92 | 92 | 90 |
| 8th | 90 | 94 | 94 | 92 | 90 |
| 9th | 85 | 90 | 85 | 91 | 81 |
| 10th | 78 | 79 | 69 | 88 | 63 |
| 11th | 74 | 76 | 58 | 87 | 59 |
| 12th | 67 | 72 | 43 | 81 | 51 |
| Total | **80** | **83** | **73** | **88** | **71** |

## Appendix B

### High School Survey Data by Grade

n=1944

|  |  |
| --- | --- |
| 1. What gender do you identify with? (n=1858) | % |
| Female | 48 |
| Male | 47 |
| Other | 5 |
| 2. What grade are you in? (n=1857) |  |
| 9th | 27 |
| 10th | 25 |
| 11th | 23 |
| 12th | 25 |
| 3. What is your race? (n=1820) |  |
| White | 68 |
| Black | 6 |
| Asian | 9 |
| Multiple | 8 |
| Other | 9 |
| 4. What is your ethnicity? (n=1568) |  |
| Hispanic | 20 |
| 5. Do you consider yourself a member of the Lesbian, Gay, Bisexual and/or Transgender (LGBT) community? (n=1867) |  |
| Yes | 14 |
| No | 55 |
| Ally | 24 |
| Prefer not to say | 7 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Please choose the response that best describes how you feel.*** | **Strongly Disagree**  **%** | **Somewhat Disagree**  **%** | **Somewhat Agree**  **%** | **Strongly**  **Agree**  **%** |
| 6. My teachers really care about me. |  |  |  |  |
| 9th | 4 | 16 | 58 | 22 |
| 10th | 3 | 15 | 64 | 18 |
| 11th | 6 | 18 | 61 | 16 |
| 12th | 4 | 19 | 61 | 16 |
| ALL | 4 | 17 | 61 | 18 |
| 7. Students in my school care about me. |  |  |  |  |
| 9th | 6 | 20 | 54 | 20 |
| 10th | 7 | 26 | 56 | 11 |
| 11th | 8 | 26 | 53 | 12 |
| 12th | 9 | 31 | 48 | 13 |
| ALL | 8 | 26 | 52 | 14 |
| 8. I am aware that there can be disciplinary consequences at school for using alcohol or drugs outside of school hours or off school property. |  |  |  |  |
| 9th | 2 | 2 | 16 | 79 |
| 10th | 3 | 5 | 21 | 71 |
| 11th | 5 | 5 | 19 | 71 |
| 12th | 5 | 6 | 24 | 65 |
| ALL | 4 | 5 | 20 | 71 |
| 9. Adults in Trumbull value youth my age (e.g. adults listen to what we have to say, they make us feel important). |  |  |  |  |
| 9th | 8 | 27 | 50 | 15 |
| 10th | 10 | 30 | 47 | 13 |
| 11th | 17 | 32 | 40 | 11 |
| 12th | 20 | 37 | 35 | 8 |
| ALL | 14 | 31 | 43 | 12 |

|  |  |  |
| --- | --- | --- |
| ***Please choose the best response.*** | **No**  **%** | **Yes**  **%** |
| 10. Are you aware of the Social Host Law (a law that makes it illegal for any adult to provide a place for teens to drink alcohol)? |  |  |
| 9th | 27 | 73 |
| 10th | 32 | 68 |
| 11th | 24 | 76 |
| 12th | 30 | 70 |
| ALL | 29 | 71 |
| 11. Have you heard about the anonymous underage drinking TipsLine in Trumbull? |  |  |
| 9th | 51 | 49 |
| 10th | 68 | 32 |
| 11th | 63 | 37 |
| 12th | 55 | 45 |
| ALL | 59 | 41 |
| 12. Are you aware the Trumbull Police Department routinely patrols at school events and in neighborhoods for underage drinking and drug use? |  |  |
| 9th | 21 | 79 |
| 10th | 33 | 67 |
| 11th | 24 | 76 |
| 12th | 21 | 79 |
| ALL | 25 | 75 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***My parents…*** | **Rarely**  **%** | **Sometimes**  **%** | **Mostly**  **%** | **Always**  **%** |
| 13. know where I am and who I am with when I go out. |  |  |  |  |
| 9th | 1 | 4 | 26 | 68 |
| 10th | 2 | 5 | 26 | 68 |
| 11th | 2 | 6 | 32 | 60 |
| 12th | 3 | 7 | 35 | 55 |
| ALL | 2 | 5 | 30 | 62 |
| 14. have set rules and clear expectations with me about drinking. |  |  |  |  |
| 9th | 2 | 5 | 14 | 78 |
| 10th | 3 | 6 | 18 | 73 |
| 11th | 4 | 5 | 22 | 69 |
| 12th | 5 | 8 | 25 | 63 |
| ALL | 4 | 6 | 19 | 71 |
| 15. have set rules and clear expectations with me about marijuana/THC use. |  |  |  |  |
| 9th | 3 | 4 | 10 | 82 |
| 10th | 3 | 4 | 14 | 79 |
| 11th | 3 | 6 | 16 | 75 |
| 12th | 6 | 6 | 20 | 69 |
| ALL | 4 | 5 | 15 | 76 |
| 16. have set rules and clear expectations with me about vaping/ JUULs. |  |  |  |  |
| 9th | 4 | 3 | 9 | 84 |
| 10th | 2 | 5 | 11 | 82 |
| 11th | 4 | 4 | 11 | 81 |
| 12th | 6 | 4 | 17 | 73 |
| ALL | 4 | 4 | 12 | 80 |
| 17. take steps to ensure kids can’t get alcohol from our house. |  |  |  |  |
| 9th | 8 | 8 | 20 | 64 |
| 10th | 10 | 7 | 14 | 69 |
| 11th | 9 | 12 | 18 | 61 |
| 12th | 15 | 11 | 18 | 55 |
| ALL | 11 | 9 | 18 | 62 |
| 18. take steps to ensure kids can’t get prescription drugs from our house. |  |  |  |  |
| 9th | 8 | 5 | 16 | 71 |
| 10th | 9 | 7 | 12 | 72 |
| 11th | 8 | 6 | 16 | 70 |
| 12th | 12 | 7 | 17 | 65 |
| ALL | 9 | 6 | 15 | 69 |
| 19. model responsible drinking behaviors. |  |  |  |  |
| 9th | 4 | 6 | 20 | 70 |
| 10th | 3 | 7 | 15 | 75 |
| 11th | 4 | 7 | 19 | 70 |
| 12th | 6 | 6 | 18 | 70 |
| ALL | 4 | 6 | 18 | 71 |
| 20. model appropriate use of prescription drugs. |  |  |  |  |
| 9th | 4 | 2 | 7 | 88 |
| 10th | 2 | 2 | 7 | 89 |
| 11th | 2 | 2 | 9 | 87 |
| 12th | 3 | 2 | 9 | 85 |
| ALL | 3 | 2 | 8 | 87 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Please choose the response that best describes how you feel:*** | **Strongly Disagree**  **%** | **Somewhat Disagree**  **%** | **Somewhat Agree**  **%** | **Strongly**  **Agree**  **%** |
| 21. If I had a concern about depression or anxiety, I know where to get help. |  |  |  |  |
| 9th | 8 | 16 | 42 | 34 |
| 10th | 9 | 18 | 42 | 30 |
| 11th | 11 | 18 | 41 | 30 |
| 12th | 13 | 19 | 41 | 28 |
| ALL | 11 | 18 | 42 | 30 |
| 22. If I had concern for a friend or family member around substance use, I would know where to get help. |  |  |  |  |
| 9th | 8 | 15 | 38 | 39 |
| 10th | 10 | 16 | 41 | 33 |
| 11th | 8 | 19 | 42 | 31 |
| 12th | 10 | 26 | 40 | 25 |
| ALL | 9 | 19 | 40 | 32 |

|  |  |  |
| --- | --- | --- |
| **During the past 12 months…** | **No**  **%** | **Yes**  **%** |
| 23. did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities? |  |  |
| 9th | 62 | 38 |
| 10th | 56 | 44 |
| 11th | 58 | 42 |
| 12th | 51 | 49 |
| ALL | 57 | 43 |

**Summary of Core Measures (Q24 to Q45) by grade follows Q45**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***How wrong do your parents feel it would be for you to…*** | **Not at all wrong**  **%** | **A little bit wrong**  **%** | **Wrong**  **%** | **Very wrong**  **%** |
| 24. have one or two drinks of an alcoholic beverage nearly every day? | 3 | 3 | 16 | 78 |
| 25. have 4 or more drinks of an alcoholic beverage at one time? | 3 | 6 | 14 | 77 |
| 26. smoke tobacco? | 2 | 3 | 13 | 82 |
| 27. smoke marijuana? | 4 | 6 | 15 | 75 |
| 28. use prescription drugs not prescribed to you? | 3 | 2 | 10 | 85 |
| 29. vape? (use e-cigs, JUULs, etc.) | 3 | 3 | 14 | 81 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***How wrong do your friends feel it would be for you to…*** | **Not at all wrong**  **%** | **A little bit wrong**  **%** | **Wrong**  **%** | **Very wrong**  **%** |
| 30. have one or two drinks of an alcoholic beverage nearly every day? | 7 | 17 | 33 | 44 |
| 31. have 4 or more drinks of an alcoholic beverage at one time? | 14 | 15 | 27 | 44 |
| 32. smoke tobacco? | 9 | 12 | 28 | 50 |
| 33. smoke marijuana? | 20 | 16 | 23 | 41 |
| 34. use prescription drugs not prescribed to you? | 5 | 8 | 26 | 61 |
| 35. vape (use e-cigs or JUULs)? | 18 | 19 | 23 | 40 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***How much do you think people risk harming themselves physically or in other ways…*** | **No Risk**  **%** | **Slight Risk**  **%** | **Moderate Risk**  **%** | **Great Risk**  **%** |
| 36. if they have five or more drinks of an alcoholic beverage once or twice a week? | 4 | 9 | 34 | 52 |
| 37. if they smoke one or more packs of cigarettes per day? | 3 | 4 | 13 | 81 |
| 38. if they smoke marijuana once or twice a week? | 13 | 23 | 29 | 35 |
| 39. if they use prescription drugs that are not prescribed to them? | 3 | 5 | 18 | 74 |
| 40. if they vape (use e-cigs or JUULs)? | 5 | 15 | 33 | 47 |

|  |  |  |  |
| --- | --- | --- | --- |
| ***Have you ever used any of the following?*** | **NO, Never**  **%** | **YES, But NOT in the Past 30 Days**  **%** | **YES, In Past 30 Days**  **%** |
| 41. Have you **ever** drank one or more drinks of an alcoholic beverage? | 62 | 23 | 16 |
| 42. Have you **ever** drank four or more alcoholic drinks in less than 2 hours? | 82 | 8 | 10 |
| 43. Have you **ever** smoked part or all of a cigarette? | 92 | 5 | 3 |
| 44. Have you **ever** used marijuana or hashish? | 84 | 8 | 9 |
| 45. Have you **ever** used prescription drugs not prescribed to you*?* | 92 | 5 | 2 |

|  |  |  |  |
| --- | --- | --- | --- |
| ***Have you ever used any of the following?*** | **NO, Never**  **%** | **YES, But NOT in the Past 30 Days**  **%** | **YES, In Past 30 Days**  **%** |
| 46. Have you **ever** JUULed or vaped Nicotine? |  |  |  |
| 9th | 92 | 4 | 3 |
| 10th | 79 | 10 | 11 |
| 11th | 80 | 11 | 8 |
| 12th | 69 | 18 | 13 |
| ALL | 80 | 11 | 9 |
| 47. Have you **ever** vaped marijuana or THC oil? |  |  |  |
| 9th | 96 | 2 | 2 |
| 10th | 86 | 8 | 7 |
| 11th | 83 | 7 | 10 |
| 12th | 73 | 11 | 16 |
| ALL | 84 | 7 | 8 |
| 48. Have you **ever** used heroin? |  |  |  |
| 9th | 98 | 1 | 1 |
| 10th | 99 | 0 | 1 |
| 11th | 98 | 1 | 1 |
| 12th | 97 | ^ | 3 |
| ALL | 98 | 1 | 1 |
| 49. Have you **ever** used other illicit drugs (LSD, Molly, Cocaine)? |  |  |  |
| 9th | 98 | 1 | 1 |
| 10th | 99 | ^ | 1 |
| 11th | 96 | 3 | 2 |
| 12th | 95 | 1 | 4 |
| ALL | 97 | 1 | 2 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***In the past 30 days, how often have you….*** | **Never**  **%** | **Not in the Past 30 Days**  **%** | **1-5 days**  **%** | **6-20 days**  **%** | **21 days or more**  **%** |
| 50. drank alcoholic beverages? |  |  |  |  |  |
| 9th | 80 | 13 | 3 | 1 | 2 |
| 10th | 67 | 18 | 8 | 4 | 3 |
| 11th | 64 | 17 | 11 | 6 | 2 |
| 12th | 50 | 22 | 17 | 6 | 5 |
| ALL | 66 | 18 | 10 | 4 | 3 |
| 51. used marijuana, cannabis, THC oil? |  |  |  |  |  |
| 9th | 94 | 3 | 1 | ^ | 1 |
| 10th | 85 | 8 | 4 | 3 | 1 |
| 11th | 82 | 7 | 4 | 4 | 3 |
| 12th | 68 | 13 | 10 | 4 | 5 |
| ALL | 82 | 8 | 5 | 3 | 2 |
| 52. JUULed/ vaped Nicotine? |  |  |  |  |  |
| 9th | 92 | 4 | 2 | 1 | 1 |
| 10th | 80 | 8 | 5 | 3 | 4 |
| 11th | 81 | 8 | 6 | 2 | 3 |
| 12th | 70 | 16 | 6 | 4 | 4 |
| ALL | 81 | 9 | 5 | 2 | 3 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***About how many students in your grade do you think…*** | **Just a Few**  **%** | **Some**  **%** | **A Lot**  **%** | **Most**  **%** |
| 53. drink alcoholic beverages at least once a month? |  |  |  |  |
| 9th | 28 | 43 | 21 | 7 |
| 10th | 16 | 27 | 38 | 19 |
| 11th | 10 | 23 | 44 | 22 |
| 12th | 9 | 17 | 42 | 32 |
| ALL | 16 | 28 | 36 | 19 |
| 54. use marijuana, cannabis, THC oil at least once a month? |  |  |  |  |
| 9th | 44 | 35 | 16 | 5 |
| 10th | 20 | 37 | 29 | 15 |
| 11th | 16 | 38 | 33 | 13 |
| 12th | 11 | 24 | 41 | 24 |
| ALL | 23 | 33 | 29 | 14 |
| 55. JUUL/ vape nicotine at least once a month? |  |  |  |  |
| 9th | 17 | 33 | 37 | 13 |
| 10th | 10 | 17 | 38 | 25 |
| 11th | 8 | 25 | 45 | 22 |
| 12th | 8 | 15 | 42 | 35 |
| ALL | 11 | 22 | 40 | 26 |

|  |  |  |  |
| --- | --- | --- | --- |
| ***Have you ever ….*** | **NO, Never**  **%** | **YES, But NOT in the Past 30 Days**  **%** | **YES, In Past 30 Days**  **%** |
| 56. Used prescription **pain relievers**, such as Vicodin, OxyContin, or Percocet, without a doctor’s orders? |  |  |  |
| 9th | 91 | 7 | 2 |
| 10th | 95 | 3 | 2 |
| 11th | 96 | 3 | 1 |
| 12th | 95 | 3 | 2 |
| ALL | 94 | 4 | 2 |
| 57. Used prescription **tranquilizers or benzodiazepines** such as Valium, Xanax, or Ativan, without a doctor’s orders? |  |  |  |
| 9th | 97 | 2 | 1 |
| 10th | 98 | 1 | 1 |
| 11th | 97 | 2 | 1 |
| 12th | 96 | 2 | 2 |
| ALL | 97 | 2 | 1 |
| 58. Used prescription **stimulants**, such as Ritalin or Adderall, without a doctor’s orders? |  |  |  |
| 9th | 94 | 4 | 2 |
| 10th | 97 | 2 | 1 |
| 11th | 96 | 2 | 2 |
| 12th | 93 | 5 | 2 |
| ALL | 95 | 3 | 2 |

|  |  |  |
| --- | --- | --- |
| **In the past year, have you?** | **No**  **%** | **Yes**  **%** |
| 64. Driven a car after you had been drinking? |  |  |
| 9th | 99 | 1 |
| 10th | 99 | 1 |
| 11th | 98 | 2 |
| 12th | 93 | 7 |
| ALL | 97 | 3 |
| 65. Driven a car after you had used marijuana/THC? |  |  |
| 9th | 99 | 1 |
| 10th | 99 | 1 |
| 11th | 96 | 4 |
| 12th | 86 | 14 |
| ALL | 95 | 5 |
| 66. Ridden as a passenger with a driver under the influence of drugs or alcohol? |  |  |
| 9th | 87 | 13 |
| 10th | 85 | 15 |
| 11th | 84 | 16 |
| 12th | 77 | 23 |
| ALL | 83 | 17 |
| 67. Gambled (scratch tickets, online, sports, casino, etc.)? |  |  |
| 9th | 80 | 20 |
| 10th | 80 | 20 |
| 11th | 82 | 18 |
| 12th | 78 | 22 |
| ALL | 80 | 20 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Please choose the response that best describes how you feel:*** | **Strongly Disagree**  **%** | **Somewhat Disagree**  **%** | **Somewhat Agree**  **%** | **Strongly**  **Agree**  **%** |
| 68. A party with alcohol is more fun. |  |  |  |  |
| 9th | 49 | 29 | 16 | 5 |
| 10th | 41 | 27 | 25 | 8 |
| 11th | 35 | 25 | 27 | 13 |
| 12th | 28 | 23 | 29 | 21 |
| ALL | 38 | 26 | 24 | 11 |
| 69. It is OK to drive if you’ve only had a couple of drinks. |  |  |  |  |
| 9th | 74 | 17 | 7 | 1 |
| 10th | 75 | 20 | 4 | 1 |
| 11th | 83 | 12 | 3 | 2 |
| 12th | 74 | 18 | 5 | 3 |
| ALL | 76 | 17 | 5 | 2 |
| 70. It’s OK to drink sometimes even if you are underage. |  |  |  |  |
| 9th | 63 | 19 | 13 | 5 |
| 10th | 43 | 26 | 25 | 6 |
| 11th | 41 | 23 | 26 | 10 |
| 12th | 29 | 18 | 36 | 17 |
| ALL | 44 | 21 | 25 | 9 |
| 71. My parents don’t think it is a big deal to drink alcohol if you are underage. |  |  |  |  |
| 9th | 74 | 16 | 8 | 2 |
| 10th | 66 | 23 | 10 | 1 |
| 11th | 62 | 20 | 13 | 4 |
| 12th | 48 | 29 | 18 | 5 |
| ALL | 63 | 22 | 12 | 3 |
| 72. It is OK to drive if you’ve smoked marijuana. |  |  |  |  |
| 9th | 79 | 15 | 5 | 1 |
| 10th | 74 | 20 | 4 | 2 |
| 11th | 72 | 19 | 6 | 3 |
| 12th | 61 | 23 | 11 | 5 |
| ALL | 72 | 19 | 7 | 3 |
| 73. It’s not a big deal to smoke marijuana. |  |  |  |  |
| 9th | 65 | 19 | 11 | 6 |
| 10th | 51 | 20 | 20 | 9 |
| 11th | 46 | 18 | 23 | 14 |
| 12th | 30 | 18 | 30 | 22 |
| ALL | 48 | 19 | 21 | 13 |
| 74. My parents don’t think it is a big deal to smoke marijuana. |  |  |  |  |
| 9th | 84 | 9 | 5 | 3 |
| 10th | 79 | 14 | 5 | 2 |
| 11th | 74 | 16 | 7 | 3 |
| 12th | 63 | 19 | 11 | 6 |
| ALL | 75 | 15 | 7 | 4 |
| 75. It’s not a big deal to vape (use e-cigs, JUULs). |  |  |  |  |
| 9th | 76 | 16 | 5 | 3 |
| 10th | 66 | 19 | 11 | 4 |
| 11th | 68 | 20 | 9 | 3 |
| 12th | 59 | 22 | 12 | 7 |
| ALL | 67 | 19 | 9 | 4 |
| 76. My parents don’t think it is a big deal to vape (use e-cigs, JUULs). |  |  |  |  |
| 9th | 88 | 9 | 2 | 2 |
| 10th | 86 | 10 | 2 | 1 |
| 11th | 86 | 11 | 2 | 1 |
| 12th | 80 | 14 | 3 | 3 |
| ALL | 85 | 11 | 2 | 2 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **How much do you agree or disagree with the following?** | **Strongly Disagree**  **%** | **Somewhat Disagree**  **%** | **Somewhat Agree**  **%** | **Strongly**  **Agree**  **%** |
| 77. My parents monitor my social media and Internet use. |  |  |  |  |
| 9th | 25 | 28 | 35 | 12 |
| 10th | 34 | 29 | 29 | 9 |
| 11th | 43 | 24 | 27 | 6 |
| 12th | 49 | 24 | 20 | 8 |
| ALL | 38 | 26 | 28 | 9 |
| 78. It’s OK to take someone else’s prescription drugs. |  |  |  |  |
| 9th | 85 | 12 | 2 | 1 |
| 10th | 88 | 9 | 2 | 1 |
| 11th | 86 | 10 | 2 | 2 |
| 12th | 88 | 7 | 3 | 3 |
| ALL | 86 | 10 | 2 | 2 |
| 79. It’s OK to take prescription drugs to do better in school (homework, tests, SATs, projects). |  |  |  |  |
| 9th | 67 | 13 | 11 | 9 |
| 10th | 56 | 17 | 17 | 10 |
| 11th | 64 | 13 | 14 | 9 |
| 12th | 61 | 14 | 17 | 9 |
| ALL | 62 | 14 | 15 | 9 |
| 80. It’s OK to take prescription drugs to cope with stress or anxiety. |  |  |  |  |
| 9th | 46 | 14 | 20 | 20 |
| 10th | 37 | 14 | 29 | 20 |
| 11th | 42 | 15 | 28 | 15 |
| 12th | 38 | 12 | 29 | 20 |
| ALL | 40 | 14 | 27 | 19 |
| 81. It’s OK to take prescription drugs to get high. |  |  |  |  |
| 9th | 87 | 7 | 2 | 3 |
| 10th | 86 | 11 | 2 | 1 |
| 11th | 85 | 10 | 2 | 2 |
| 12th | 81 | 12 | 4 | 3 |
| ALL | 85 | 10 | 3 | 2 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***How easy or hard would it be for you to get the following substances if you wanted them?*** | **Very hard**  **%** | **Sort of hard**  **%** | **Sort of easy**  **%** | **Very easy**  **%** |
| 82. Alcohol (beer, wine, hard liquor) |  |  |  |  |
| 9th | 23 | 26 | 26 | 26 |
| 10th | 19 | 23 | 26 | 32 |
| 11th | 16 | 17 | 29 | 38 |
| 12th | 12 | 13 | 25 | 50 |
| Total | 18 | 20 | 27 | 36 |
| 83. Marijuana/THC |  |  |  |  |
| 9th | 70 | 16 | 8 | 6 |
| 10th | 49 | 21 | 7 | 13 |
| 11th | 39 | 23 | 22 | 17 |
| 12th | 28 | 18 | 23 | 30 |
| Total | 47 | 19 | 17 | 16 |
| 84. Prescription drugs (not prescribed to you) |  |  |  |  |
| 9th | 43 | 23 | 20 | 15 |
| 10th | 39 | 26 | 16 | 18 |
| 11th | 38 | 26 | 18 | 19 |
| 12th | 32 | 25 | 22 | 20 |
| Total | 38 | 25 | 19 | 18 |
| 85. Vapes, e-cigs, JUULs |  |  |  |  |
| 9th | 53 | 20 | 14 | 14 |
| 10th | 32 | 21 | 19 | 29 |
| 11th | 32 | 20 | 24 | 24 |
| 12th | 23 | 17 | 20 | 40 |
| Total | 35 | 19 | 19 | 27 |
| 86. Heroin |  |  |  |  |
| 9th | 91 | 6 | 1 | 2 |
| 10th | 88 | 9 | 2 | 2 |
| 11th | 80 | 13 | 3 | 3 |
| 12th | 79 | 12 | 3 | 5 |
| Total | 85 | 10 | 2 | 3 |
| 87. Drug paraphernalia |  |  |  |  |
| 9th | 77 | 11 | 6 | 7 |
| 10th | 56 | 18 | 13 | 12 |
| 11th | 48 | 21 | 15 | 16 |
| 12th | 37 | 19 | 17 | 28 |
| Total | 55 | 17 | 12 | 16 |

|  |  |  |
| --- | --- | --- |
| ***If you have ever used a prescription drug, without your own prescription or a doctor or dentist telling you to, where did you get it?***  ***Lifetime use, n=139*** | **No**  **%** | **Yes**  **%** |
| 59. It was my own prescription (I took more than I was supposed to). | 58 | 42 |
| 60. It was a family member’s prescription that I took (WITH permission). | 45 | 55 |
| 61. It was a family member’s prescription that I took (WITHOUT permission). | 73 | 27 |
| 62. A friend gave it to me. | 77 | 23 |
| 63. Someone sold it to me. | 85 | 15 |

|  |  |  |
| --- | --- | --- |
| ***If you have ever drank alcohol (more than a sip), where did you drink?***  ***Lifetime use, n=667*** | **No**  **%** | **Yes**  **%** |
| 88. at my home | 31 | 69 |
| 89. at a friend’s home | 30 | 70 |
| 90. at a home with a parent’s knowledge | 42 | 58 |
| 91. in a public place (park, beach, woods, etc.) | 54 | 46 |

|  |  |  |
| --- | --- | --- |
| ***If you have ever drank alcohol (more than a sip), where did you get it?***  ***Lifetime use, n=651*** | **No**  **%** | **Yes**  **%** |
| 92. I got it from my home. | 37 | 63 |
| 93. I got it from a friend’s home. | 40 | 60 |
| 94. A parent provided it. | 59 | 41 |
| 95. An older sibling or friend bought it for me. | 52 | 48 |
| 96. I bought it myself. | 76 | 24 |

|  |  |  |
| --- | --- | --- |
| ***If you have ever used a vaping device (e-cig, JUUL), where did you get it?***  ***Lifetime use, n=336*** | **No**  **%** | **Yes**  **%** |
| 97. I bought it at a store. | 57 | 43 |
| 98. A parent provided it. | 91 | 9 |
| 99. Someone bought it for me. | 42 | 58 |
| 100. Someone gave it to me. | 16 | 84 |

|  |  |  |
| --- | --- | --- |
| ***If you have used marijuana or THC products in the past year, please select the ways you have most used it.***  ***Lifetime use, n=270*** | **No**  **%** | **Yes**  **%** |
| 101. I Smoked or inhaled | 16 | 84 |
| 102. Eaten edibles | 36 | 64 |
| 103. Vaped | 27 | 73 |

|  |  |  |  |
| --- | --- | --- | --- |
| *How much stress, anxiety, or worry do the following give you in your day to day life?* | Low  % | Moderate  % | Extreme  % |
| 104. Academics (Homework, Tests, Grades) |  |  |  |
| 9th | 8 | 47 | 45 |
| 10th | 6 | 44 | 50 |
| 11th | 7 | 44 | 48 |
| 12th | 8 | 39 | 53 |
| Total | 7 | 43 | 49 |
| 105. College/Post High School Plans |  |  |  |
| 9th | 38 | 39 | 23 |
| 10th | 25 | 42 | 32 |
| 11th | 15 | 45 | 40 |
| 12th | 7 | 35 | 58 |
| Total | 22 | 40 | 38 |
| 106. Schedule (Athletics, Extra-curricular, Volunteer commitments) |  |  |  |
| 9th | 28 | 47 | 25 |
| 10th | 27 | 49 | 24 |
| 11th | 27 | 44 | 29 |
| 12th | 24 | 48 | 28 |
| Total | 26 | 47 | 27 |
| 107. Social scene /Social Media/Friends |  |  |  |
| 9th | 43 | 38 | 20 |
| 10th | 39 | 40 | 22 |
| 11th | 44 | 35 | 21 |
| 12th | 40 | 37 | 22 |
| Total | 41 | 37 | 21 |
| 108. Home life |  |  |  |
| 9th | 54 | 31 | 15 |
| 10th | 49 | 35 | 16 |
| 11th | 52 | 32 | 16 |
| 12th | 41 | 40 | 18 |
| Total | 49 | 34 | 16 |