



# TPAUD: A YEAR IN REVIEW

## 2019-2020



Prevention Works – and  
Coalitions Make It Happen!

# WHAT TPAUD HAS BEEN UP TO 2019-20: FUNDING, BY THE NUMBERS

**\$125,000**

New Federal DFC Grant  
Funding per Year (thru 2024)

**\$10,663**

State Prevention Funding  
per Year

# WHAT TPAUD HAS BEEN UP TO



# PREVENTION PANDEMIC PIVOT

- ✓ Focus on encouraging connection, providing support, and promoting social/emotional health
- ✓ Limiting access to alcohol and drugs
- ✓ In Person Events —→ Zoom
- ✓ Redirecting grant \$\$ to support prevention work performed by Public Schools and Police Dept.



Our world keeps changing.  
We're with you, and we're here to help.



*In uncertain times, TPAUD wants to make sure you are aware of the  
Community Resources available for you and your family.*

Mary J. Sherlach Counseling Center  
203-452-5193

Marriage & family therapy and substance abuse counseling offered on a sliding scale

Trumbull Social Service  
203-452-5199

Food pantry, financial assistance and advocacy

Trumbull Senior Services  
203-452-5199

Information and services for older adults and caregivers

Connecticut 2-1-1

Free statewide health and human services information and referral helpline

*For additional substance abuse and behavioral health resources visit  
[www.tpaud.org](http://www.tpaud.org) and [www.thehubct.org](http://www.thehubct.org).*

TPAUD, Trumbull's Prevention Partnership, is a community coalition dedicated to engaging and mobilizing youth, parents, and community partners to reduce youth alcohol and drug use, foster social/emotional health, and build a safe and healthy community.  
Developed, in part, under grant SP020429 from the Office of National Drug Control Policy and the Substance Abuse Mental Health Services Administration.



*Congratulations to all*

**TRUMBULL 2020 GRADUATES!**







TPAUD Presents:

# HIDDEN IN PLAIN SIGHT

Is your teen using drugs or alcohol?  
Would you know what to look for?



Join us on  
ZOOM for this  
live, guided,  
interactive tour  
through a teen  
bedroom

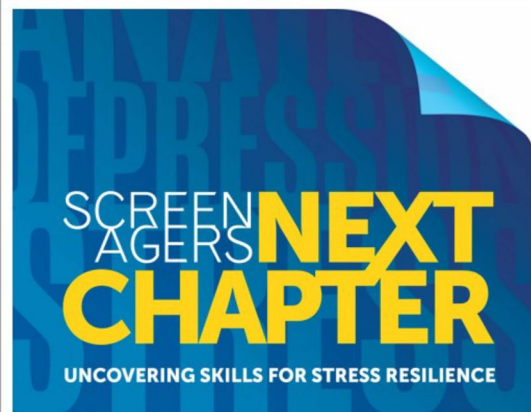


Tuesday, May 20th  
6:30-8 PM



Is your child glued to their digital devices— even more now that  
we're social distancing?  
Are you worried about its impact on their mental health and  
emotional well-being?

*TPAUD, Trumbull's Prevention Partnership and Trumbull PTSA Council Present:*



High stress, anxiety and depression  
are experienced by millions of young  
people, often made worse by social  
media and high use of phones and  
other digital devices.

Screenagers Next Chapter follows  
physician and filmmaker Delany  
Ruston as she uncovers solutions for  
improved adolescent well-being in  
the digital age.



  
ALICIA FARRELL, PHD

TPAUD, TRUMBULL'S  
PREVENTION PARTNERSHIP Presents

## Missed Milestones: Helping Your Kids Navigate our New Reality

June 1  
7:00 - 8:00 PM  
**ON ZOOM**

Over the last few weeks, COVID-19 has turned the world upside down. Parents are struggling to balance work, "homeschooling", and child care, while trying to help themselves - and their kids - manage stress, anxiety, and loss.

Join us for a Zoom talk with Alicia Farrell, PhD. We will discuss:

- Recognizing signs of stress in yourself and your kids, and tips to help handle it
- How to provide support to your children to help them build resiliency
- Coping skills to help kids manage and navigate their emotional health
- When to seek help and access mental health resources

You must register for this event to receive the Zoom ID and password.

Virtual  
Controlled  
Party  
Dispersal  
Training



# WHAT'S NEXT?

- Continue our re-branding
- Disseminate Survey results thru community
- Local Prevention Council \$\$ for vaping prevention and coalition capacity-building
- Integration of Social/emotional Wellness and Suicide Prevention
- Youth Engagement
- Focus on Access
- Continue to address stigma
- Continue Outreach to new partners
- Look for the opportunities in our new reality!

# IN THE PIPELINE

- Narcan/QPR training for college students (8/4)
- Access Materials to Restaurants and Liquor stores for employees and customers
- Social host info postcard
- Conversation about “Recovery-friendly community”
- Youth Mental Health First Aid (10/13 and 10/20)



THANK YOU, YOU ARE ALL PREVENTION  
CHAMPIONS!

TPAUD is only possible because of the support and commitment of the numerous volunteers, community partners, parents, and school staff who have worked tirelessly to promote wellness for Trumbull's youth and families.

Prevention Works... and It Works in Trumbull!